

DATES & TIMES

Subject to change

TUESDAY 7	WEDNESDAY 8	THURSDAY 9
Community Support:10-2 Health Care (HCC): 12-2 Headspace 2-4:30	KLC Free Legal Advice: 10-12 Homes NSW 10-12 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	Vinnies food Van 11:30-12:30 Song Lab DJ Workshop (12-24 yrs) 3:30-6
TUESDAY 14	WEDNESDAY 1 & 15	THURSDAY 2* & 16
Community Support:10-2 CareFinder: 10-12 Health Care (HCC): 12-2 Sausage Sizzle 1:30-3 KRC: 1:30-3:30 Headspace 2-4:30	KLC Free Legal Advice: 10-12 BenSoc Housing Support: 10-2 Healthy Ageing Hub 1:30-3:30 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup 10-12* Vinnies food Van 11:30-12:30 WAYS 1-5* The Shack 3-6* Song Lab Music Production Workshop (12-24 yrs) 3:30-6
TUESDAY 21	WEDNESDAY 22	THURSDAY 23
Sewing & Patchwork: 09:30-11:45 Community Support:10-2 Latrobe NDIS: 11-1 Health Care (HCC): 12-2 Headspace 2-4:30	KLC Free Legal Advice: 10-12 Homes NSW 10-12 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup 10-12 Vinnies food Van 11:30-12:30 Iron Bark Falls Prevention (Aboriginal) 12-2 (TBC) WAYS 1-5 The Shack 3-6
TUESDAY 28	WEDNESDAY 29	THURSDAY 30
Sewing & Patchwork: 09:30-11:45 Community Support:10-2 CareFinder: 10-12 Health Care (HCC): 12-2 Sausage Sizzle 1:30-3 KRC: 1:30-3:30 Headspace 2-4:30	KLC Free Legal Advice: 10-12 BenSoc Housing Support: 10-2 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup 10-12 Vinnies food Van 11:30-12:30 Iron Bark Falls Prevention (Aboriginal) 12-2 (TBC) WAYS 1-5 The Shack 3-6

THE HUB@LEXO

July PROGRAM

The Hub@Lexo is a small community hub based at Lexington place South Maroubra.

Our aim at the hub is to provide you with the best support through access to services, information, advice & referrals.

We currently have programs running Tuesday-Thursday. Please refer to the back page for the dates and times.

Supported by



**See what's on offer at The Hub@Lexo
Come down, pop in and see how we can help...**

3-7 Lexington Place, South Maroubra
Phone: 9093 6148
Email: lexo.hub@randwick.nsw.gov.au
Follow us: TheHubatLexo



WHAT WE OFFER



Community Support
Access to information,
referrals & general support



Kingsford Legal Centre (KLC)

Provides free legal advice, casework and legal education



Homes NSW

Discuss maintenance, tenant services and homelessness support



Kirketon Road Centre (KRC)

Free and anonymous care to those who experience barriers to accessing health care



Free meals..

Access to free meals donated by our partnering organisations (subject to availability)



Latrobe CHS

Local Area Coordination (LAC) + Advice, information and support with any NDIS queries



Orange Sky

Free Laundry services & conversations whilst you wait – 1 load per person



Sewing & patchwork

Free beginners class for those who are interested in learning how to sew and patchwork



Services Australia/ Centrelink

Discuss your income support and other payments / services



The Shack – Youth Drop In

Youth drop in providing a safe space to have fun & socialise for 12-17 year olds



Playgroup with BFCC

Free playgroup for ages 0-5 hosted by Botany Family & Childrens Centre



Vinnies Van

Free sandwiches, Tea / Coffee, Toiletries & Welfare Assistance



Care Finder Services

Helping older people learn about and connect to aged care services



Health Care Coordination

(HCC) Support and guidance to navigate the health system and receive the support you need



Accessing supports outside of The Hub@Lexo:

Homes NSW: Tenancy Matters 9314 4099 / Maintenance 1800 422 322

Salvation Army: 13 72 58

Vinnies: 13 18 12

Kingsford Legal Centre: 9385 9566

Hearspace: 02 9366 8800 / 1800 650 890

Kirketon Road Centre: 9360 2766 / 0408 740 501

Latrobe CHS: 1800 242 696

Services Australia: 13 24 68

Counterpoint: 9319 4073

Benevolent Society: 1800 236 762



Healthy Ageing Hub

Engaging older people with support around aged care & healthy ageing



WAYS Youth & Family

Providing diverse support for young people 12–24 & families



BenSoc Housing Support

Early intervention support around homelessness & housing



Iron Bark Standing Tall & Strong

Free Falls Prevention program for Aboriginal Elders



Hearspace

Free and confidential service for people 12 to 25 years old to access qualified youth mental health professional



Salvation Army BBQ

Free BBQ for the local residents hosted by The Salvation Army



Counterpoint support

Support and advocacy around any anti-social behaviour issues

