

DATES & TIMES

Subject to change*

TUESDAY 4	WEDNESDAY 5	THURSDAY 6
Sewing & Patchwork: 09:30-11:45 Community Support:10-2 CareFinder: 10-12 HCC: 12-2 Salvos BBQ: 1:30-3 KRC: 1:30-3:30 Headspace: 2-5	KLC Free Legal Advice: 10-12 Services Australia: 10-12 BenSoc Housing Support: 10-2 Strive Motion: 1:30-2:20 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup: 10-12 Vinnies food Van: 11:30-12:30 Milk Crate Theatre: 12:00-2:30 WAYS: 1-5 The Shack: 3-6
TUESDAY 11	WEDNESDAY 12	THURSDAY 13
Sewing & Patchwork: 09:30-12 Community Support:10-2 Latrobe NDIS: 11-1 Headspace: 2-5	KLC Free Legal Advice: 10-12 Homes NSW: 10-12 Counterpoint ASB: 10:30-12:30 Strive Motion: 1:30-2:20 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup: 10-12 Vinnies food Van: 11:30-12:30 Milk Crate Theatre: 12:00-2:30 WAYS: 1-5 The Shack: 3-6
TUESDAY 18	WEDNESDAY 19	THURSDAY 20
Sewing & Patchwork: 09:30-11:45 Community Support:10-2 CareFinder: 10-12 HCC: 12-2 Salvos BBQ: 1:30-3 KRC: 1:30-3:30 Headspace: 2-5	KLC Free Legal Advice: 10-12 BenSoc Housing Support: 10-2 Strive Motion: 1:30-2:20 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup: 10-12 Vinnies food Van: 11:30-12:30 Milk Crate Theatre: 12:00-2:30 WAYS: 1-5 The Shack: 3-6
TUESDAY 25	WEDNESDAY 26	THURSDAY 27
Sewing & Patchwork: 09:30-12 Community Support:10-2 Latrobe NDIS: 11-1 Headspace: 2-5	KLC Free Legal Advice: 10-12 Homes NSW: 10-12 Strive Motion: 1:30-2:20 Orange Sky 1:30-3:30 Free Meal Program: 2:30-3:30	BFCC Playgroup: 10-12 Vinnies food Van: 11:30-12:30 Milk Crate Theatre: 12:00-2:30 WAYS: 1-5 The Shack: 3-6

THE HUB@LEXO

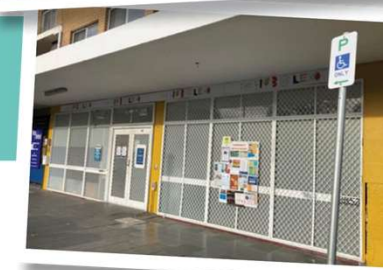
November PROGRAM

The Hub@Lexo is a small community hub based at Lexington place South Maroubra.

Our aim at the hub is to provide you with the best support through access to services, information, advice & referrals.

We currently have programs running Tuesday-Thursday. Please refer to the back page for the dates and times.

Supported by



See what's on offer at The Hub@Lexo
Come down, pop in and see how we can help...

3-7 Lexington Place, South Maroubra
Phone: 9093 6148
Email: lexo.hub@randwick.nsw.gov.au
Follow us: TheHubatLexo



WHAT WE OFFER



Community Support

RCC provides access to information, referrals & general support (Every Tuesday 10am-2pm)

Kingsford Legal Centre (KLC)

Provides free legal advice, casework and legal education



Homes NSW

Discuss maintenance, tenant services and homelessness support



Kirketon Road Centre (KRC)

Free and anonymous care to those who experience barriers to accessing health care



Free meals..

Access to free meals donated by our partnering organisations (subject to availability)



Latrobe CHS

Local Area Coordination (LAC) + Advice, information and support with any NDIS queries



Orange Sky

Free Laundry services & conversations whilst you wait – 1 load per person



Sewing & patchwork

Free beginners class for those who are interested in learning how to sew and patchwork



Services Australia/ Centrelink

Discuss your income support and other payments / services



The Shack – Youth Drop In

Youth drop in providing a safe space to have fun & socialise for 12-17 year olds



Playgroup with BFCC

Free playgroup for ages 0-5 hosted by Botany Family & Childrens Centre



Vinnies Van

Free sandwiches, Tea / Coffee, Toiletries & Welfare Assistance



Care Finder Services

Helping older people learn about and connect to aged care services



Health Care Coordination

(HCC) Support and guidance to navigate the health system and receive the support you need



Accessing supports outside of The Hub@Lexo:

Homes NSW: Tenancy Matters 9314 4099 / Maintenance 1800 422 322

Salvation Army: 13 72 58

Vinnies: 13 18 12

Kingsford Legal Centre: 9385 9566

Hearspace: 02 9366 8800 / 1800 650 890

Kirketon Road Centre: 9360 2766 / 0408 740 501

Latrobe CHS: 1800 242 696

Services Australia: 13 24 68

Counterpoint: 9319 4073

Benevolent Society: 1800 236 762



Milk Crate Theatre

A storytelling workshop series for residents to share and reclaim their personal narratives



WAYS Youth & Family

Providing diverse support for young people 12-24 & families



Strive Motion

Free exercise physiology class for people 50 years and above



BenSoc Housing Support

Early intervention support around homelessness & housing

