



2021 CELEBRATING OUR FUTURE

CLIMATE PARTIES

LET'S GET THIS PARTY STARTED

CLIMATE PARTIES: A NEW APPROACH

The Climate Parties offer a pivotal change to the way we communicate and engage with the climate crisis - away from threatening messages that leave us feeling overwhelmed and emotionally frozen - towards a sense of positivity, community and belonging.

The concept evolved out of extensive research into climate psychology and communication. It is based on the consciousness raising parties in the 60s, however, here, the conversation is guided by activities that take participants on a journey to explore their relationship with the topic while forming connections with others in the group.

These fun and interactive workshops aim to break down psychological barriers that until now have prevented us as individuals and society to make the necessary changes and engage in far-reaching climate action. Positive communities empower us to move out of the paralysis and into agency.

So let's get this party started! We have no time to lose.

3 EVENTS

- 01** → **Facts**
How to speak about climate change
- 02** → **Emotions**
Why emotional intelligence matters
- 03** → **Agency**
Creating the future we want

Each workshop takes up to 2 hrs.

Climate Parties work best in groups of up to 20 people.

1. FACTS: HOW TO SPEAK ABOUT CLIMATE CHANGE

This event recaps the facts and gives you the necessary tools to have climate conversations outside of your usual echo chambers.

- Kahoot: Climate trivia fun
- Why speak about climate change: Considering the 'contagion of inaction' that the silence about the global warming causes.
- How to speak about climate change: Exploring the importance of listening and practicing attunement.
- Love letters to the planet: a reminder of the marvel that surrounds us



2. EMOTIONS: WHY EMOTIONAL INTELLIGENCE MATTERS

This workshop explores why emotions matter despite climate change being a scientific phenomenon.



- Live poll: Check-in where we are at
- Discussion: Is reason or emotion more effective when inspiring climate action?
- Climate emotions bingo: 'Name it to tame it'
- Contemplation: Love as a motivating force for climate action
- Self-reflection on your skills and passions and how they fit into climate action

3. AGENCY: CREATING THE FUTURE WE WANT

Instead of focusing on the doom narrative that usually is pinned to our future, this workshop explores imagining a tomorrow we want and different types of activism that might get us there.

- Inspiration: A teenage activist paints a picture of her ideal future
- Vision boarding: Imagining a future we want
- What is activism and what does it mean to you?
- What climate organisations are working to achieve a vibrant future?
- Writing a pledge to action for the coming weeks and months.

