



Fun & Fitness

ACTIVITY DAY

Saturday 28 January
10.30am – 2pm

Ash Paddock Picnic site,
Centennial Park (enter via
Randwick Gates)

Free parking and easily accessible
by public transport

NO BOOKINGS REQUIRED

Suitable for all ages and abilities

**Start 2023 with a healthy
body and healthy mind!**

Join us for:

- Agility training
- Boxing classes
- Small group training classes
- Soccer skills & drills
- Cricket skills like batting,
bowling & fielding
- Enjoy a sausage sizzle!

What to wear:

Dress comfortably and
wear sunscreen



For all enquires please contact
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