

**RANDWICK**

# SCENE

**Celebrating  
60 years  
Council & SES**

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**How to  
recycle  
food  
waste**

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council@randwick.nsw.gov.au

## Randwick City Council Customer Service Centre

**Address:** 30 Frances Street, Randwick, NSW 2031

**Hours:** 8.30am to 5pm Monday to Friday

**Phone:** 1300 722 542

**Email:** council@randwick.nsw.gov.au

**Web:** www.randwick.nsw.gov.au

**Community Nursery:** 9093 6250

**Lionel Bowen Library, Maroubra:** 9093 6400

**Malabar Community Library:** 9093 6120

**Margaret Martin Library, Randwick:** 9093 6100

**Des Renford Leisure Centre:** 9093 6300

**SMS service request:** 0400 722 542

**Your Say Randwick:** www.yoursay.randwick.nsw.gov.au

**Randwick eNews:** www.randwick.nsw.gov.au/enews

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**Twitter:** www.twitter.com/randwickcouncil

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## Randwick City Council services

Phone the Call Centre on **1300 722 542** for enquiries about:

- animals
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- council meetings
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- illegal dumping
- halls for hire
- waste service
- on-call clean ups
- parking
- open space hire
- precinct meetings
- parks and beaches
- rates
- trees
- roads

Randwick SCENE Magazine is written and produced by Randwick Council's Communications Team: Joshua Hay, Chelsea Hunter, Jillian Lewis and Carmen Rotolo. Design by Carlen Peddie and Gemma Elliott. Our goal is to inform you about Council's activities and to celebrate together, this wonderful place we call Randwick City.

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SES volunteer Alexandra Ryan.  
Photo by Mark Bond.

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## Welcome to the **SPRING** edition of **SCENE**

There is something special about the arrival of spring isn't there? The days start to get longer and the outdoors beckon. This is partly what inspired our feature on forest bathing (page 12), a lovely ritual that focuses on the importance of reconnecting with nature. We have some beautiful walks in Randwick City, and I hope the article inspires you to take at least one of them.

Connection to community is also beneficial for people's physical, mental and emotional health. We have a range of programs that make sure everyone in our community has the opportunity to spend time with others. Our article on page 10 outlines the ways to get involved.

We celebrate the 60<sup>th</sup> anniversary of the Randwick State Emergency Service team and our ongoing partnership with them on page 8.

Sustainability is a complex topic, and I hope our article on food waste collection (page 7) helps you to understand how we as a Council are trying to find the most effective and efficient ways to deal with waste. We have some inspirational sustainability experts talking at our Eco Living Expo in September, our article on page 14 will give you a taste of the wisdom and insight they'll bring to the event.

I was pleased to recently open the new tennis centre in Heffron Park, you can read more about it on page 4, and to announce the new Refugee Internship Program that will offer a 12-week paid internship at Council to refugees with tertiary qualifications.

This will be my final message for SCENE as Mayor of Randwick. A new mayor will be voted in during the September Council meeting, so I'd like to take this opportunity to say how proud I have been to serve such an engaged community and to thank you for your support.

**Kathy Neilson**  
Mayor of Randwick



# Best Gift Market

**Sunday**  
**17 November**  
**9am-3pm**

**Coogee Beach**

Join us for our Christmas shopping event showcasing local, handmade, sustainable and ethical products.

- Local artisan & home-craft stalls
- Live music, entertainment and activities
- Multicultural food stalls
- Fresh native Christmas trees and plants
- Photos with Green Santa

# news in brief

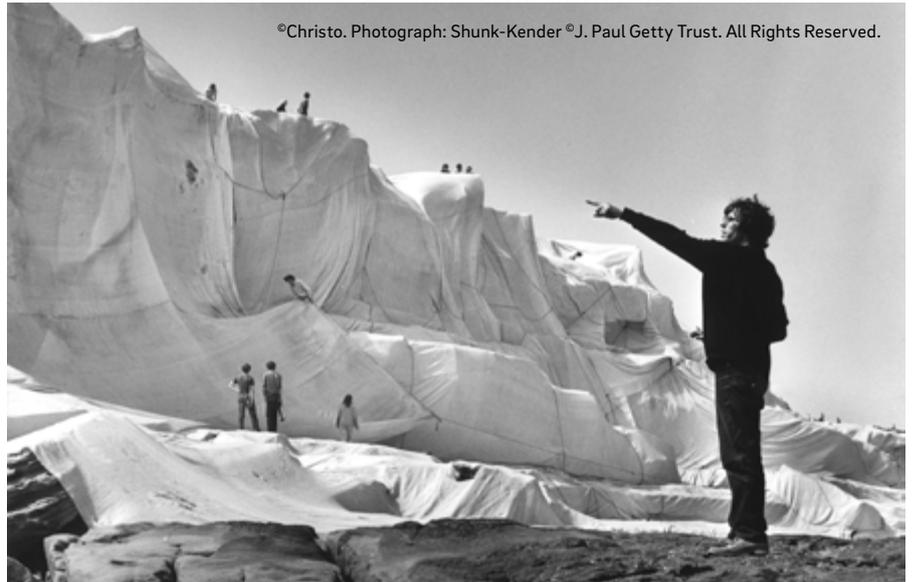
Sign up to eNews for your weekly fix of Randwick Council news, projects, events and more.

[randwick.nsw.gov.au/enews](http://randwick.nsw.gov.au/enews)

## Trees saved, cycleway to go ahead

Twenty-seven significant trees including large eucalyptus trees on Avoca St, Randwick will be saved due to a redesign of a proposed cycleway connecting South Coogee and Kingsford. The 1.9km cycleway is part of Randwick Council's bicycle strategy to improve walking and cycling options along Bundock St, Avoca St and Sturt St and to connect with the new light rail terminus and other bike paths to the UNSW, Centennial Park and the City CBD.

The South Coogee to Kingsford streetscape improvement project is a joint project with the Roads and Maritime Services (RMS). The project received endorsement at the July Council meeting and will now seek funding from the RMS for the project to proceed to construction in future years.



©Christo. Photograph: Shunk-Kender ©J. Paul Getty Trust. All Rights Reserved.

## 50th anniversary of the Wrapping of Little Bay by Christo and Jeanne-Claude

From Sunday 1 September, Randwick City Library will mark the 50th anniversary of Christo and Jeanne-Claude's Wrapping of Little Bay with an exhibition featuring artefacts, documentary work and historical press clippings. The anniversary, which is a landmark global event, artistically and culturally, will also be commemorated with a public talk on Friday 13 September from John Kaldor AO, who originally commissioned the work.



## New tennis centre is a hit

The new \$6M Heffron Park Tennis Centre in Maroubra was opened in August by Randwick Mayor Kathy Neilson. The new facility, located on Bunnerong Road, includes an acrylic surface show court, nine synthetic and turf courts and a clubhouse with kiosk and changing facilities. The new facility caters for all levels of players, from beginners through to competition standard. The opening of the tennis centre has transformed the western edge of Heffron Park, which also boasts a new synthetic sports field, new amenities buildings, a half basketball court and a handball court.

## Biennale to head to Randwick

Council is investigating opportunities to participate in the 22<sup>nd</sup> Biennale of Sydney by partnering with the organisation to hold activities in Randwick City. The Biennale of Sydney is a three-month long exhibition of contemporary art and ideas that showcase the works of many artists from more than 100 countries.

## Bringing activity back to Kingsford town centre

As the light rail nears completion, Randwick Council is bringing a range of small-scale activations to Kingsford to renew and reinvigorate the town centre. Randwick Council, Transport for NSW and the Kingsford Chamber of Commerce is working together to create activities that will draw people to the area and support local businesses. Ideas include pop up stalls, free classes or live acoustic music in appropriate areas.

## **We explore the potential for sidewalk talks**

A volunteer program that offers active, intentional listening to anyone who wishes to speak about anything may soon appear on the streets of Randwick City.

The peer-to-peer community listening project, which is based on the Sidewalk Talk Community Listening project in San Francisco, has potential to build social cohesion, personal resilience, celebrate diversity, reduce social exclusion and develop human connection.

The feasibility of implementing the project will be explored and a report returned to Council in the following months.

## **Call for Best Gift Christmas Market stallholders**

Our annual Best Gift Christmas Market is moving to a bigger location, which means more gift choices for you, that won't cost the earth. If you create unique homewares or make artisanal foods, we want to hear from you. The Best Gift Market will be open for one day only on Sunday 17 November at Coogee Beach. If you would like to have a stall please apply at [www.randwick.nsw.gov.au](http://www.randwick.nsw.gov.au) or call Natalya on 9093 6222.

So, what are we looking for? Locally made, original, high quality and environmentally responsible gifts for Christmas. This means quality gifts including candles, stationery, sunglasses and leatherwork, fashion (particularly local or emerging designers), beauty and health products (particularly organic or bio-dynamically farmed), hand-crafted ceramics, jewellery (locally designed and created), art, educational toys and pets accessories, providers offering speciality foods such as spices, honey, chocolate, sweets, pastries, desserts, nougat, nuts, cheese, gelato and breads, plus gourmet food, vegan and vegetarian vendors, flower and plants and more. Applications close Monday 14 October 2019.

## **Use of Roundup weed killer phased out**

Glyphosate-based weedkillers such as Roundup have been phased out of Randwick Council operations as part of a trial of organic alternatives. Council is trialling the use of a naturally occurring nonanoic acid product sold as 'Slasher Weedkiller' as part of its weed management program in parks, open spaces, garden beds and footpaths.

## **New public charge stations for electric vehicles**

Randwick, Waverley and Woollahra councils have become the first in NSW to provide public on-street electric vehicle (EV) charging stations. EV owners will be able to charge on the go at Coogee Beach, Randwick, Bondi Beach, Double Bay and soon Bondi Junction and Maroubra.

The three councils signed a joint agreement in 2018 with EV charging provider JETCharge to install and manage the stations. It is expected that this tri-Council charge network will help reduce carbon emissions from transport in Sydney's east, and encourage EV uptake.



## **Randwick wins more excellence awards**

Randwick City Council's much-loved Eco Living Expo was recognised as an industry leading event at this year's Local Government Awards, picking up the top gong in the RH Dougherty Innovation in Special Events category. Our internal values program ICARE was also awarded, picking up a highly commended in the Planning Awards Culture Change Innovation and Excellence category. The NSW Local Government Excellence Awards celebrate outstanding achievements; whilst promoting innovation and continuous improvement within NSW local government.



### **Thumbs up**

Daylight savings

Tram testing is underway

Outdoor dining



Putting away the Ugg boots

Distracted people around tram lines

Lawn mowing season

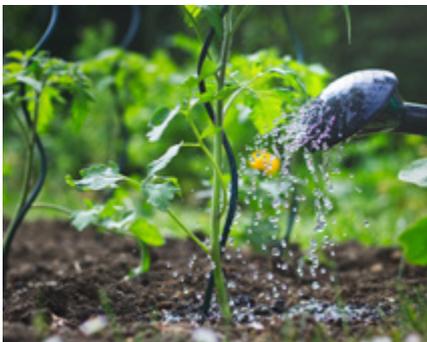
### **Thumbs down**

## Free wifi in key Randwick City spots

Visitors to Little Bay, Coogee and Maroubra beaches can now access up to 2 gigabytes of free public wifi per day. Shoppers and visitors to the Coogee Bay Road town centre will soon be able to access the free public wifi once the streetscape upgrade is complete.

Free public wifi is currently available at all three of Randwick City Council's libraries, the Des Renford Leisure Centre, Heffron Park and is being extended progressively to Council community halls.

The free wifi is part of a package of new technology measures being rolled out thanks to a \$300,000 Smart Cities and Suburbs Program Grant from the Australian Government Department of Infrastructure, Regional Development and Cities, along with a further \$300,000 in matched funds from Randwick City Council.



## Water restrictions in place

Did you know that more than 85% of Greater Sydney's water supply relies on rainfall? Water restrictions help maintain the supply we have. Recently the NSW Government introduced Level 1 water restrictions in Sydney from June 1. Here's how to be water-wise:

- Water lawns and gardens with a watering can or bucket
- Use a handheld hose before 10am and after 4pm, as long as it's with a trigger nozzle
- Water your garden with a drip irrigation system or watering system with a rain or soil moisture sensor.



## New art at Southern Cross Close

The image of famous Australian aviator Sir Charles Kingsford Smith is one of the more familiar landmarks along Anzac Parade in Kingsford, making it a favourite meeting place. The mosaic, which was unveiled in 1990, has more recently been joined by a series of six historic black and white images that show the area of Kingsford in all its past glory.

Installed in June, these new additions have turned Southern Cross Close into something of an art walk as well as a destination of interest for lovers of history. The brain child of the Kingsford Chamber of Commerce, the photos are a prompt to remember Kingsford as it was, particularly now as it undergoes a drastic change, thanks to the new South East Sydney Light Rail.

The photo of the tram at Nine Ways is a reminder that these are not the first set of tracks to make their way down Anzac Parade, while the image of Southern Cross Close as it used to be – graffiti-covered and blocked by a heavy cement bollard – is a hint that change is good and art is transformative. Make sure you drop by to see the new addition this spring and take a literal walk down memory lane.

## How smart are our smart bins?

In January 2019, Council installed three 'smart bins' on The Loop Road at La Perouse, near the walkway to Bare Island. The bins contain a 60W solar panel that charges a battery, which can operate for up to four weeks regardless of weather. The bins have intelligent safety sensors as well as fire prevention features.

The bins compact the rubbish internally allowing for a greater storage of garbage so they don't need to be emptied as often. Plus, they send alerts when full, so a crew can be dispatched to empty them immediately. Additionally, the bins lock when full so garbage can't spill out over the sides.

The bins are part of a trial of the new technology to reduce overflowing bins and reduce litter in the surrounding environment.

During the trial period, the bins were checked regularly and the results found:

- 73% reduction in litter surrounding the bins
- The bins scored highly in litter prevention when compared to previous bins
- The servicing of bins was reduced by 90%, from 21-services per week down to just two.

# Recycling food waste

**Did you know that 40% of what we pick up in the red bins is food waste? Here are two ways we can look at recycling food waste in Randwick City. Jill Lewis lifts the lid.**

**W**aste is a big issue for our planet. At Council, we do our best to recycle as much as we can and offer many recycling services to our community. Recently, we conducted a waste consultation survey with the community, focusing on a few issues that we know you care about – one of which is dealing with food waste.

Nearly 40% of general household rubbish collected in Randwick City is comprised of food waste. If we're able to collect food scraps separately, they can be composted and used for enriching soil. They can even be processed to create Biogas, which generates clean, green electricity. We're currently looking at two ways we can collect food scraps from households across Randwick City. Here, we explain the two methods, so you know the differences and how they affect you.



## Burgundy Bins

Council is currently trialling a food scraps collection service to approximately 3600 multi-unit dwellings using burgundy-lidded bins. In each building, some of the red-lidded bins were changed into

burgundy-lidded bins. This helped maintain the number of bins that needed collecting and also helped with bin storage, as space is limited in many places. Participating households were supplied with a small kitchen bin caddy and compostable bags to collect scraps. Once full, the bag can be placed into the burgundy-lidded bin, which is collected weekly.



Since the start of the trial, residents have recycled more than 240 tonnes of food waste. This is processed into clean electricity and organic fertiliser.

## Green Bins

A second way of collecting food scraps is by allowing residents to toss scraps into the green bin along with garden organics. This is known as FOGO (Food and Garden Organics). In Randwick City, many homes don't have storage for a fourth bin (they already have red, yellow and green bins), so combining food organics with green organics is a more suitable way to go, but does increase the potential for contamination of the green bin. As food waste will be removed from the red bins, they wouldn't require weekly collection. Using this method, green bins would be collected weekly and red bins would be collected once every two weeks, along with yellow bins.

## Which is best?

Deciding which method is best for our community isn't always clear-cut. Some apartment buildings don't have green bins, or only have a limited amount due to limited space. In this case, the burgundy lidded bin collection method makes more sense. While for free-standing homes, combining food and garden organics into the green bin makes more sense so as to not add a fourth bin to their collection. These are the questions we hope to resolve soon. Keep an eye on our website for the results of our waste survey.

## Our waste survey

We recently conducted a consultation with the community, specifically looking at waste and recycling. Thank you to those who took part. No decisions have been made yet. We are currently collating the responses and will use the feedback to develop specifications for our next waste tender.



# Orange you glad to see them?

***They're the people who are there for you in the middle of an emergency and help you get back on your feet once the wind has died down. Chelsea Hunter puts her hand up to celebrate 60 years of the Randwick SES.***

When it's all gone wrong, one of the most reassuring sights you can see is an army of volunteers, clad in hi-vis orange, charging in to fix what is broken, free what is trapped or find what is missing. If you're unlucky enough to find yourself in an emergency, these are the crew that will keep you safe and get you operational again. They are the volunteers of the State Emergency Service.

NSW State Emergency Service (SES) is a state-wide emergency and rescue service dedicated to saving lives and protecting the community. This year Randwick City Council celebrates 60 years of partnership with the Randwick SES, based at Council's depot in Storey Street Maroubra.

"Council and SES have had a long-standing and incredibly valuable partnership," says Deputy Unit Commander, Terry Papaioannou. "They provide us with a world class building, wifi, extra trucks and equipment when we need it. Council workers also fill sandbags for us and provide specialist help, such as tree expertise, all of which



allows us to get on with the job of looking out for our community.”

SES volunteers come from all walks of life, bringing with them many different skills, interests and backgrounds. There are currently 100 volunteers in the Randwick crew, with 40 active at any given time. The local group has men and women from 20 to 70 years of age, who are all keen to meet new people, gain new skills and give back to their community.

“Volunteers have a can-do attitude, they think outside of the box, and are courteous and polite to members of the community as well as their fellow volunteers,” says Terry. “The rest is learnt through nationally accredited training courses and on-the-job skills.”

State-wide, SES volunteers are called upon to conduct missing person searches, extract people from cars involved in traffic accidents on country roads or perform cliff rescues. The crew can also be called out to perform flood rescues, remove trees blocking roads and fix property damaged by wild weather. All nationally accredited,



Rahim Zaidi with some of the tools of the trade.

SES volunteers receive training that gives them many of the same skills as police, Fire and Rescue and paramedics.

The day of this photo shoot, winds across Sydney reached up to 90km/hr and the crew knew that soon the calls would start rolling in. In just a few hours there would be local residents needing the help of the SES. There would be no quiet Friday night or weekend for these volunteers. They were ready to don

helmets and hi-vis and face whatever the weather threw at them. For residents in need, they were a welcome sight indeed.

If you require assistance, call NSW SES on 132 500. If you'd like to join the Randwick SES visit the eVolunteers section of [www.ses.nsw.gov.au](http://www.ses.nsw.gov.au). The unit also offers 2-3 information sessions throughout the year.





# Connecting our Community

**Randwick City Council hosts numerous events, courses and programs throughout the year with the aim of enriching lives and connecting our community. Jill Lewis will meet you there!**

In an age where we spend much of our time glued to a tiny screen, liking, commenting and “connecting” with each other, there can be a stark lack of face-to-face connections. Despite our excessive digital online connection, people (young and old) are feeling less connected than ever. In fact, according to a study from the Australian Psychological Society and Swinburne University, one in four Australians are lonely. And those who are lonely also have worse mental and physical health than those who are not.

Creating genuine face-to-face connections is important for everyone. It’s our hope, at Council, that the variety of events

and programs we offer can help combat loneliness in our community. Many of those at risk of loneliness are those who find it harder to get out of the house – seniors or disabled citizens. We offer transport services to help so please contact Council should you need help getting to any of our programs.

## **Something for everyone**

Connecting with like-minded people is a great way to create lasting relationships that matter. We offer numerous events and activities for all members of our community so you can come together and meet people with similar interests. From young mothers groups to senior’s tech courses to youth book clubs or game playing, there’s plenty to connect you with your community. Here, we highlight just a few events to get you started.

## **TECHconnect Classes**

Our technology classes are offered throughout the year in a four-part series called TECHconnect at our libraries. These classes are for anyone interested in learning more about how to use their computer, getting used to typing, using the Internet and setting up an email address. The series is free and open to anyone with a library card. For more information call 9093 6400.



## **Aqua Aerobics**

Our Des Renford Leisure Centre offers numerous fitness classes throughout the week. Aqua Aerobics is a great way to get some non-impact exercise that's perfect for any age. This fun water-based class is done to music with an instructor who will take you through the moves. Classes are currently offered on Monday, Wednesday and Friday at 8:00am and Tuesday at 9:00am and 6:45pm and Thursday at 9:00am.



## **Be a bushcare volunteer**

Our volunteer bushcare groups are a wonderful way to get outside, meet new people and learn about our natural environment. We run our bushcare groups in 11 different locations across Randwick City. Our volunteers are an important part of our community and they work closely with our Bushcare Officer. Most groups meet once a month, while a few meet twice each month. The times and locations are listed on our website. If you're interested, call or email our Bushcare Officer on 9093 6708 or bushcare@randwick.nsw.gov.au.

## **Next Chapter Art Group**

This popular course is held on the first Thursday of every month at Margaret Martin Library. You don't need to be an artist (or artistic!) to enjoy this group – there is so much to learn. Each month's event is attended by at least 30 to 40 people. The group enjoy a cuppa and a biscuit from about 10am and at 10.30am, the presentation begins. Each month is convened by Dr Fred Orr, who gathers a wide range of speakers working in various artistic disciplines. The next few speakers scheduled are:

### **Thursday 5 September**

The Beauty of Wilderness – The Tarkine

Speaker: Fred Orr

Photography & Poetry

### **Thursday 3 October**

How to "Make it Happen"

Speaker: Erin Webster

Photography

### **Thursday 7 November**

Dreaming the Land: A History of Aboriginal Art

Speaker: Marie Geissler

Aboriginal Art Historian and Assessor

### **Thursday 5 December**

Christmas Party! Bring an artwork if you wish to discuss it with others, or come along and listen! It's the annual show and tell – a great way to learn about each other in the group.



## **For our seniors**

If you're a senior, relative or carer of a senior and you're interested in finding out more about our home maintenance and modification service or other tours, information sessions and workshops, contact Frida Kitas on 9093 6972 or Frida.Kitas@randwick.nsw.gov.au.

# Leaf it all behind

***It's the phenomenon that has made its way to Australia and it's got most of us stumped. Are there real benefits to forest bathing? Carmen Rotolo branches out and investigates.***

**H**ave you heard of forest bathing? If you haven't, don't be alarmed... it has nothing to do with nudity. Rather, it's an opportunity for a person to take time out and connect to nature by slowly moving through a forest. It may be a buzzword at the moment, but forest bathing is not a new concept. In the 1980s, Japan's government began to notice the harmful effects the tech boom was having on Japanese city dwellers. People were sick, stressed, distracted, aching and depressed. They called these symptoms "karoshi", which translates to "death by overwork".

As a way of combatting this, Japan launched a national health programme called 'Shinrin-yoku', which translates to "forest bath". Following the success of this initiative, forest bathing is now a well-recognised relaxation practice for its ability to significantly reduce blood

pressure and stress levels and deliver cardiac and pulmonary benefits.

If you're feeling run down and stressed, time spent in nature might be just what you need. We're spoilt for choice in Randwick City, with an abundance of beautiful reserves to wander through... slowly! Our top picks are the Fred

Hollows Reserve and the Malabar Headland Western Walking Track.

A lush rainforest gully located between Alison Road and Bligh Place in Randwick, Fred Hollows Reserve is a peaceful oasis that offers a 15 to 20-minute walk and the chance to retreat and relax while surrounded by greenery and the sounds of nature. The 430m boardwalk includes steps, viewing platforms, bridges, information plaques and plenty of opportunities to let the natural surroundings work their magic.





Heidi visits Fred Hollows Reserve in Randwick

For a longer stroll, try the 1.15km Western Walking Track, which forms part of Sydney's famous Coastal Walkway and links South Maroubra Beach with Malabar Beach. Perhaps what makes this spot so special is its unique flora. The reserve is home to the Sunshine Wattle, the Eastern Suburbs Banksia Scrub and a species of moss that provides a perfect propagation bed for other flora and is believed to be thousands of years old.

The key to unlocking the power of forest bathing is to engage your five senses, so be sure to take inspiration in nature and let your curiosity guide you down whichever track you choose.

#### How to forest bathe:

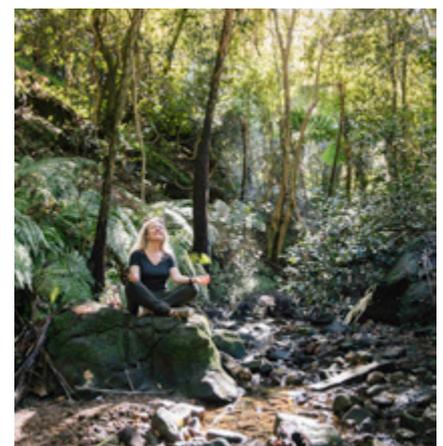
- Leave your phone at home
- Slowly and deeply breathe in the air
- Use your senses: touch, sight, smell, sound, taste (learn to identify edible plants first!)
- Be present with the earth
- Practice gratitude

#### Effects of forest bathing

Before your rational brain yells "codswallop!" it's worthwhile looking at the studies done on forest bathing. From 2004 to 2012, Japanese officials spent millions studying the physiological and psychological effects of the practice. They measured the activity of human natural killer cells (NK cells) in the immune system before and after exposure to the woods. NK cells rapidly respond to virally infected cells and detect and control early signs of cancer. In a 2009 study, subjects showed a significant increase in NK cell activity the following week of a forest visit, with positive effects lasting a month following each weekend in the woods. Scientists say this is due to the various oils that trees emit, called phytoncides. These oils are produced to help plants and trees protect themselves from harmful insects and germs, but they also help boost human immune function.

#### Here are our top 6 spots to go forest bathing:

- 1** Fred Hollows Reserve, Randwick
- 2** Western Walking Track, Malabar
- 3** Henry Head Walking Track, La Perouse
- 4** Cape Banks, La Perouse
- 5** Centennial Park
- 6** Bush tucker trail, Yarra Bay



# Change makers

**News about the environment got you feeling down? At a loss as to what to do? Get inspired by Dr Karl and Camille Reed who will be talking about bright things on the sustainability horizon at our Eco Living Expo. Carmen Rotolo clears the air.**

Is it too late to reverse the damage from climate change? We asked some experts this exact question and you can too at this year's Eco Living Expo. Dr Karl Kruszelnicki and Camille Reed are among the many reasons you should attend this year's Expo, with others being amazing food stalls, fun workshops and live entertainment. While there's no magic bullet to address the climate crisis, our change maker talks will walk you through the solutions that exist today such as technology, behaviours, policies and smarter use of resources.



Dr Karl Kruszelnicki

Dr Karl Kruszelnicki firmly believes that we can fix climate change by not only reducing the amount of carbon dioxide we create but also by pulling it back out of the atmosphere. The popular science communicator and author of 50 books has many ideas about how we can reduce our greenhouse gas emissions, but perhaps the most compelling is new technologies such as Carbon Capture and Storage (or if you want to sound like an expert – CCS). It sounds like a modern-day fairytale, but a carbon capture machine can pull CO<sup>2</sup> from the atmosphere, trapping the CO<sup>2</sup> at its emission source, transporting it to a storage location and isolating it. He also believes we can go carbon-free, worldwide, with electricity within 10 years, with transport (including air transport) within 15 years, and with agriculture

and livestock within 20-40 years.

Camille Reed is another change maker who has an eye on the future and the simple changes we can make now. She is the founder of The Australian Circular Fashion Conference, a sustainability-focused fashion event that aims to encourage industry stakeholders to practice circular manufacturing models. The term 'circular' might be new to you. It essentially means transitioning from a linear 'take-make-waste' model towards one in which resources are reused, remade or recycled, thus coming full circle.



Camille Reed

The recent ABC program War On Waste found that Australians alone are disposing of 6,000 kilograms of fashion and textile waste every 10 minutes, which is an alarming figure.

For those interested in choosing sustainable brands instead of disposable fast fashion brands, the price tag on sustainable items of clothing can be equally as alarming. Camille's biggest piece of advice? Do your homework. "Sustainable fashion doesn't break the bank. We've been accustomed to fast-cheap product for too long. Do your research, think carefully about what you're buying, think long-term quality purchases and support labels that are really changing the game."

Camille and Dr Karl Kruszelnicki are both changing the climate change game. If you're keen to pick their brains and immerse yourself in all things green, come along to our Eco Living Expo on Sunday 22 September at Randwick Community Centre. Please remember to bring your keep cup!



# WHAT'S ON Sept to Nov 2019

**SAT 7**

**SEPTEMBER**

**NURSERY SPRING OPEN DAY**

Saturday 7 September

9am-4pm

Randwick Community Nursery



**THU 12**

**SEPTEMBER**

**THE KNIT-IN GROUP**

10am-12pm

St Basil's Randwick  
Community Room



**SUN 22**

**SEPTEMBER**

**ECO LIVING EXPO**

10am-4pm

Randwick Community Centre



**SUN 29**

**SEPTEMBER**

**BLAK MARKETS FESTIVAL**

9.30am-3pm

Bare Island Bridge, La Perouse

Cost: \$2.50



**SAT 12**

**OCTOBER**

**BALI COMMEMORATION  
CEREMONY COOGEE**

10am-12pm

Bali Memorial,  
Dolphins Point Coogee



**SAT 16**

**NOVEMBER**

**KINGSFORD NOODLE MARKETS**

12pm-9pm

Meeks St, Kingsford



**SUN 17**

**NOVEMBER**

**BEST GIFT MARKET**

9am-3pm

Coogee Beach



**FRI 22**

**NOVEMBER**

**WHITE RIBBON WALK**

7.15am

High Cross Park, Randwick

FREE EVENT

# ECO LIVING EXPO

FREE  
TALKS  
BY DR KARL  
AND CAMILLE  
REED



**Sunday 22 September**

**10am-4pm**

Randwick  
Community Centre  
27 Munda Street

Meet the change-makers,  
learn new skills and be the  
solution to a better planet.

- Speaker series and fun workshops
- Eco innovation exhibition
- Displays and demonstrations
- Organic gardening and bee-keeping
- Healthy food alternatives
- Kids activities