

Where to get help with:

A CRISIS

Crisis: a time of intense difficulty or danger.

Lifeline
1311 14
lifeline.org.au

Suicide Call back Service
1300 659 467
suicidecallbackservice.org.au

MensLine
1300 789 978
mensline.org.au

Kids Help Line
1800 55 1800
kidshelpline.com.au

Rape Crisis Line
1800 424 017
nswrapecrisis.com.au

1800 RESPECT
1800 737 732
1800respect.org.au

FAMILY AND RELATIONSHIPS

(including Family Violence)

NSW Family Referral Service
1800 663 863
familyreferralservice.com.au

Relationships Australia
1300 364 277
relationships.org.au

Veterans & Family Counselling
1800 011 046
openarms.gov.au

MENTAL HEALTH

Mental Health: a person's condition regards to their psychological or emotional wellbeing.

Mental Health Line
1800 011 511

Headspace Bondi Junction
1800 650 890
eheadspace.org.au
(12 – 25yrs)

SANE
1800 187 263
sane.org

QLife (LGBTIQ)
1800 184 527
qlife.org.au

CAMHS
02 9383 4347
(Child & Adolescent service)

Community Mental Health
Services Acute & Extended Care
02 9382 3753

ABORIGINAL SERVICES

La Perouse Aboriginal
Community Health Centre
02 9382 8009

Kari Indigenous
Social Support Service
02 8782 0344

Visit your local Council for information on Low Cost & Free Meals & other community services.

ALCOHOL & OTHER DRUGS

Alcohol and Drug addiction: physical or emotional dependence on alcohol or drugs which can lead to health and social issues.

The National Alcohol and Other
Drugs Hotline
1800 250 015
yourroom.health.nsw.gov.au

Alcoholics Anonymous (AA)
Coogee
02 9387 7788
aa.org.au

Family Drug Support
1300 368 1856
fds.org.au

OTHER SERVICES

Gambling
Gambling Help online
1800 858 858
gamblinghelponline.org.au

Financial
National Debt Helpline
1800 007 007
ndh.org.au

Legal Centres
Law Access
1300 888 529
lawaccess.nsw.gov.au

Homelessness
Link2Home Info Line
1800 152 152
facs.nsw.gov.au/housing

COVID

National Coronavirus Helpline
1800 020 080

Services Australia
180 22 66
(COVID-19 disaster payment)

Multilingual phone service
131 202

Crime Stoppers
1800 333 000
nsw.crimestoppers.com.au

Visit nsw.gov.au/covid-19 or phone 13 77 88 for health rules, vaccination and testing and employment and financial support.

RANDWICK COUNCIL SERVICES

Customer Service
1300 722 542
council@randwick.nsw.gov.au
randwick.nsw.gov.au

For the latest COVID-19 information and how it affects Randwick City Council visit randwick.nsw.gov.au/coronavirus or follow us on Facebook for regular updates.

**Spread kindness
not germs!** 


Randwick City Council
a sense of community