

# List of 2018-19 RCC Licenced Outdoor Fitness Training Companies

Company Name	Designated Area / Days	Times	No of participants	Number of Groups	Contact	Email
<b>Area 1 - Goldstein Reserve</b>						
<b>Dangerously Fit</b>	Monday	6am - 8 am	six to ten	2	<b>Daniel Clay/Emma</b>	<a href="mailto:admin@dangerouslyfit.com.au">admin@dangerouslyfit.com.au</a>
	Wednesday	6am - 8 am	six to ten	2		
	Friday	6am - 8 am	six to ten	2		
<b>Raquel Hogado</b>	Tuesday	6am - 8 am	six to ten	1	<b>Raquel</b>	<a href="mailto:ptraquelholgado@gmail.com">ptraquelholgado@gmail.com</a>
	Thursday	6am - 8 am	six to ten	1	<b>Raquel</b>	
<b>Crossfit Coogee</b>	Tuesday	6am - 8 am	one to five	1	<b>Andrew Stowe</b>	<a href="mailto:andrew@crossfit.com.au">andrew@crossfit.com.au</a>
	Thursday	6am - 8 am	six to ten	1		
<b>Evolution to Wellbeing Coogee</b>	Monday	6am - 8 am	six to ten	1	<b>Jayne McPherson</b>	<a href="mailto:jayneemcp@gmail.com">jayneemcp@gmail.com</a>
	Tuesday	6am - 8 am	six to ten	1		
	Wednesday	6am - 8 am	six to ten	1		
	Thursday	6am - 8 am	six to ten	1		
	Friday	6am - 8 am	six to ten	1		
<b>Shreen El Masry</b>	Monday	5:30pm – 7:30 pm	one to five	1	<b>Shreen El Masry</b>	<a href="mailto:shreenel@hotmail.com">shreenel@hotmail.com</a>
	Wednesday	5:30pm – 7:30 pm	one to five	1		
	Thursday	5:30pm – 7:30 pm	one to five	1		

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Area 2 - Coogee Beach North						
<b>Team One Fitness</b>	Monday	6am - 8 am	six to ten	2	<b>Yves Minten</b>	<a href="mailto:info@teamonefitness.com.au">info@teamonefitness.com.au</a>
	Tuesday	5.30 pm - 7.30 pm	one to five	1		
	Wednesday	6am - 8 am	six to ten	2		
	Thursday	5.30 pm - 7.30 pm	one to five	1		
	Friday	6am - 8 am	six to ten	2		
<b>Original Bootcamp Pending</b>	Monday	6am - 8 am	six to ten	5	<b>James Brabon</b>	<a href="mailto:enquiries@bootcamp.com.au">enquiries@bootcamp.com.au</a>
	Wednesday	6am - 8 am	six to ten	5		
	Friday	6am - 8 am	six to ten	5		
Area 3 - Coogee Beach Central						
<b>Dangerously Fit</b>	Tuesday	5.30 pm - 7.30 pm	one to five	1	<b>Daniel Clay</b>	<a href="mailto:admin@dangerouslyfit.com.au">admin@dangerouslyfit.com.au</a>
	Thursday	5.30 pm - 7.30 pm	one to five	1		
<b>Crossfit Coogee</b>	Monday	6am - 8 am	one to five	1	<b>Andrew Stowe</b>	<a href="mailto:andrew@crossfit.com.au">andrew@crossfit.com.au</a> <a href="mailto:andrew@crossfitkikaha.com.au">andrew@crossfitkikaha.com.au</a>
	Wednesday	6am - 8 am	six to ten	1		
	Friday	6am - 8 am	one to five	1		
<b>Evolution to Wellbeing Coogee</b>	Monday	6am - 8 am	six to ten	1	<b>Jayne McPherson</b>	<a href="mailto:info@etwgroup.com">info@etwgroup.com</a> <a href="mailto:jayneemcp@gmail.com">jayneemcp@gmail.com</a>
	Tuesday	6am - 8 am	six to ten	1		
	Wednesday	6am - 8 am	six to ten	1		
	Thursday	6am - 8 am	six to ten	1		
	Friday	6am - 8 am	six to ten	1		
<b>Beachfit and Wellbeing</b>	Monday	6am - 8 am	six to ten	1	<b>Tanya Doherty</b>	<a href="mailto:info@beachfitandwellbeing.com">info@beachfitandwellbeing.com</a>
	Wednesday	6am - 8 am	six to ten	1		
	Friday	6am - 8 am	six to ten	1		

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Titan Fitness Pending	Tuesday	6am - 8 am	six to ten	1-2	Susie Analin	<a href="mailto:info@titanfitness.com.au">info@titanfitness.com.au</a>
	Thursday	6am - 8 am	six to ten	1-2		
<b>Area 4 - Coogee Beach South</b>						
GuzzFit	Monday	6am - 8am	one to five	1	Matthew Guzzardi	<a href="mailto:info@guzzfit.com">info@guzzfit.com</a>
	Monday	5.00 pm - 7.00 pm	one to five	1		
	Tuesday	5.00 pm - 7.00 pm	one to five	1		
	Wednesday	6am - 8am	one to five	1		
	Wednesday	5.00pm - 7.00pm	one to five	1		
	Thursday	6am - 8am	one to five	1		
	Friday	6am - 8am	one to five	1		
	Saturday	6am - 8am	one to five	1		
	<b>**Plus one on one training</b>			1		
	Monday	6am - 8am	six to ten	1		
	Tuesday	6am - 8am	six to ten	1		
	Wednesday	6am - 8am	six to ten	1		
	Thursday	6am - 8am	six to ten	1		
	Friday	6am - 8am	six to ten	1		
<b>Area 6 - Maroubra Beach North</b>						
SheCamp (Stealth Health & Fitness)	Monday	6am - 8 am	six to ten	1	Susie Purcell	<a href="mailto:Susie@shecamp.com.au">Susie@shecamp.com.au</a>
	Tuesday	6am - 8 am	six to ten	1		
	Wednesday	6am - 8 am	six to ten	1		
	Thursday	6am - 8 am	six to ten	1		
	Friday	6am - 8 am	six to ten	1		
	Saturday	8 - 10 am	six to ten	1		

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Area 7 - Maroubra Beach Central						
Dangerously Fit Pending	Tuesday	6am - 8 am	six to ten	1	Daniel Clay	<a href="mailto:admin@dangerouslyfit.com.au">admin@dangerouslyfit.com.au</a>
	Thursday	6am - 8 am	six to ten	1		
	Saturday	7am - 9am	six to ten	1		
Tone Fitness	Tuesday	6am - 8am	six to ten	1	Joe Kormanyos	<a href="mailto:tonefitness@hotmail.com">tonefitness@hotmail.com</a>
	Thursday	6am - 8 am	six to ten	1		
	Saturday	7:30am – 9:30am	six to ten	1		
	Monday	5.30pm- 7.30pm	six to ten	1		
	Thursday	5.30pm- 7.30pm	six to ten	1		
Crossfit Kiakaha	Monday	6am - 8am	six to ten	1	Darren Tahu	<a href="mailto:darren@crossfitkiakaha.com.au">darren@crossfitkiakaha.com.au</a>
	Wednesday	6am - 8am	six to ten	1		
	Friday	6am - 8am	six to ten	1		
Area 8 - Maroubra Beach South						
Area 9 - Arthur Byrne Reserve						
Katherine Peatey	Monday	6am - 8am	six to ten	1	Katherine Peatey	<a href="mailto:Kvivan78@yahoo.com.au">Kvivan78@yahoo.com.au</a>
	Tuesday	6am - 8am	six to ten	1		
	Wednesday	6am - 8am	six to ten	1		
	Thursday	6am - 8am	six to ten	1		
	Friday	6am - 8am	six to ten	1		
	Saturday	7am-9am	six to ten	1		
TJ Fit	Tuesday	9am - 11 am	one to five	1	Tara Nurthern	<a href="mailto:tara_nurthen@yahoo.com.au">tara_nurthen@yahoo.com.au</a>
	Saturday	7am – 9am	one to five	1		
Highground Fitness (former ETW)	Monday	6am - 8am	one to five	1	Melanie J	<a href="mailto:Info@melaniej.com.au">Info@melaniej.com.au</a>
	Tuesday	6am - 8am	one to five	1		
	Wednesday	6am - 8am	one to five	1		
	Friday	6am - 8am	one to five	1		
	Saturday	7am – 9am	one to five	1		

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<b>Stealth Health &amp; Fitness</b>	Tuesday	9:30am - 11:30am	one to five	1	<b>Susie Purcell</b>	<a href="mailto:Susie@shecamp.com.au">Susie@shecamp.com.au</a>
	Wednesday	11am – 1pm	one to five	1		
	Thursday	9:30am – 11:30am	one to five	1		
<b>Coastal Bodies</b>	Tuesday	6am - 8am	Six - ten	1	Lisa Korn	<a href="mailto:lisa@coastalbodies.com.au">lisa@coastalbodies.com.au</a>
	Thursday	6am - 8am	Six - ten	1		
<b>Baker Park Coogee</b>						
<b>Mooney Fitness</b>	Tuesday	5.30pm- 7.30pm	six to ten	1	<b>Susan Mooney</b>	<a href="mailto:suziemoo2001@hotmail.com">suziemoo2001@hotmail.com</a>
	Thursday	5.30pm- 7.30pm	six to ten	1		
<b>Shreen El Masry</b>	Monday	6:30am – 8:30am	One to five	1	<b>Shreen El Masry</b>	<a href="mailto:shreenel@hotmail.com">shreenel@hotmail.com</a>
	Wednesday	9am – 11am	One to five	1		
	Thursday	9am – 11am	One to five	1		
<b>Quarry Reserve</b>						
<b>Vision Personal training pending</b>	Tuesday	12:00pm- 2:00m	six to ten	1	<b>Stephanie</b>	<a href="mailto:sobrien@visionpt.com.au">sobrien@visionpt.com.au</a>
<b>Alison Park</b>						
				1	<b>School Children</b>	
<b>On on One Training All Areas</b>						
<b>GuzzFit</b>	All areas				<b>OJ</b>	<a href="mailto:oj@wamhfitness.com.au">oj@wamhfitness.com.au</a>
	Mon- Fri	6am – 8am	1 on 1	1		
	Sat	7am – 7pm		1		

For more information regarding the operation of Council's Commercial Fitness Policy please go to [www.randwick.nsw.gov.au](http://www.randwick.nsw.gov.au)

All enquiries regarding commercial fitness should be forwarded to [council@randwick.nsw.gov.au](mailto:council@randwick.nsw.gov.au)